

## LIFE THOUGHTS

**August 7 – Twelfth Sunday after Pentecost (Proper 14)** – He who multiplies stars in the sky (Genesis 15:5) and ravens in the air and lilies in the field also supplies everything required to support our body and life (Luke 12:22-30). Our dead-and-resurrected Redeemer sanctifies even compromised lives. We are His precious treasure (Luke 12:33-34), and He is our shield and reward (Genesis 15:1), especially in suffering (Hebrews 11:7-12). Prayer: Almighty Maker, strengthen my faith in Your love and power to meet every need. Amen.

**August 14 – Thirteenth Sunday after Pentecost (Proper 15)** – The relaxing lies our culture prophesies cannot even approach our Lord's promises (Jeremiah 23:16-18). We speak the Gospel of Jesus Christ boldly and gladly (Jeremiah 23:28-29), though it earns us persecution (Luke 12:51-53), because He sets great joy before us. In this faith we will sit around His throne with the cloud of witnesses His Word saved (Hebrews 12:1-3). Prayer: Lamb of God, You have given me Your people's crown of life; find in me Your prophets' faith. Amen.

**August 21 – Fourteenth Sunday after Pentecost (Proper 16)** – God's incarnate Son reveals a meaning to suffering and gives pain purpose. He does what's best, not just what's easiest. He loves us enough to make us get better and not just feel better (Hebrews 12:7-11). In the cross, He shows God with us to save (Hebrews 12:18-24). This strengthens us to choose life in difficult situations. Prayer: Father of mercy, deliver me from evil, and let Thy kingdom come. Amen.

**August 28 – Fifteenth Sunday after Pentecost (Proper 17)** – In Christ God embraced and befriended hearts and bodies ruined by sin. He allowed neither disabilities nor disobedience to separate anyone from His love (Luke 14:1-4). This forgiveness heals us to share the same gracious kingdom with the ones right in front of us who struggle with impairment and iniquity (Luke 14:12-14). Prayer: Extend Your kingdom, Lord Jesus, through me to those who are broken like I am. Amen.



## ST. LUCAS LANTERN

**OUR MISSION STATEMENT**  
**We Bring People to Christ, Nurture People in Christ, and Equip People for Christ**



*"For I am not ashamed of the Gospel, for it is the power of God for salvation to everyone who believes"* Romans 1:16 ESV

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## DANGER AND OPPORTUNITY

In 1938 a journal for Chinese missionaries made the argument that in the Chinese language the word "crisis" is composed of two characters: "danger" and "opportunity." This observation has been used by various people through the years. It gained popularity when John F. Kennedy used it in speeches in 1959 and 1960. It has been repeated by many others as a rhetorical device including Al Gore in his movie *Inconvenient Truth* and Condoleeza Rice. While experts in the Chinese language question just how accurate the understanding of these characters is, it can be instructive.

While St. Lucas is not in crisis, it is entering a pastoral vacancy. It is a time of change, a time of loss, time of mourning. From our human perspective, the future certainly seems to hold danger. What will happen to this beloved congregation? The challenges of doing ministry in our culture seem to be daunting. The difficulty of doing ministry in the city only magnifies the challenge. Are the best days for St. Lucas in the past or are they in the future? Is there danger ahead for this congregation? The answer is an obvious "yes!"

The second character, however, is "opportunity." Any time there is a change in staffing, particularly in the pastoral office, there is opportunity as well. It is a chance to work together to establish the desired future and vision of the congregation and set a course on how to get there. Understanding where we want to go will guide the calling of the new pastor, who, God willing, will be effective in leading the congregation to new beginnings.

One thing that will not change, however, is the power of the Gospel among us. Romans 1:16 says that it is "the power of God." Among us is "the power of God!" That should amaze us. The Gospel message that Christ has won full, free and final forgiveness for us and for the entire world when He died on the cross as payment for the sins of the world remains powerful and compelling even today when people don't worry much about our sin before God and its grave (pun intended) consequences.

This Gospel will bear fruit as it is proclaimed among us and through us to the world. As the significance of the Gospel permeates our minds, our fear will diminish. As the Gospel fills our hearts, there will be an overflowing of peace, joy and love.

The future can hold both danger and opportunity. However, whatever may come, we know that God is in the future with His love and forgiveness.

Pastor Larson



# NEVER FEAR!

The Psalms are full of inspiring prayers to God, who always looks after you.

*Directions: Use the clues to fill in each missing letter. Then use those letters to complete Psalm 13:5, NIV.*

What plants grow in ..... D I R    <sub>1</sub>

The opposite of play ..... W O     K <sub>2</sub>

One-of-a-kind .....     N I Q U E <sub>3</sub>

A hug and a ..... K I     S <sub>4</sub>

Sour ..... T A R     <sub>5</sub>

To speak very loudly ..... Y E     L <sub>6</sub>

Immediately ..... N     W <sub>7</sub>

Bees live in a ..... H I     E <sub>8</sub>

A dandelion is this ..... W     E D <sub>9</sub>

I                     in your unfailing                     ;  
1 2 3 4 5 6 7 8 9

my heart rejoices in your salvation. Psalm 13:5, NIV

Answers: dirt, work, unique, kiss, tart, yell, now, hive, weed;  
 I trust in your unfailing love; my heart rejoices in your salvation. Psalm 13:5, NIV



**Feed My People:** Volunteer truck drivers and helpers are needed at the **High Ridge** Location. Drivers are needed from 8 a.m. – 12:00 p.m. Volunteers are needed to help for one day a week or more if available Monday – Saturday. Truck drivers and helpers are needed to load and unload the truck from their area stores that donate food to the Pantry. If you are interested, please call 636-677-9885 and ask for John Christopher or Mary Hettenhausen.

Donations of rolls of paper towels are needed for the month of July and August

**Come one come all** to our monthly Bunco. If you don't know how to play, no worries - lots of gals are there to show you how. Great girl's night out. Come and bring a friend. \$5.00 to play. This month we are collecting school supplies for Feed My People - pens, pencils, erasers, pocket folders, notebook paper, binders - you name it - they need it. Donations are voluntary. You may also bring drinks/snacks to share if you like. Please let me know if you plan to attend. Hope to see you on August 4th.

**Riding for ABRASSE** Just to update everyone on Pastor Biber's efforts to raise support for the ABRASSE Daycare in Brazil: as of July 21, Pastor has completed 4900 miles, since the beginning of September and pledges and funds received totals \$22,227. To reach the total goal of 5350 miles, Pastor needs to ride 500 miles each month, from June through August. Contributions can be made out to "Brazil Mission Society" and sent to:

Good Shepherd Lutheran Church  
5335 Brockway Rd  
Saginaw, MI 48638

## ST. LUCAS NEWS Sunday Worship Times

Traditional Worship 8:00 a.m. Contemporary Worship 10:30 a.m.  
Sunday School & Bible Class 9:15 a.m.

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### **FROM THE PRESIDENT**

In the Book of Exodus, the story unfolds that God confronts Moses at the burning bush, requiring him to deliver God's people out of Egypt.

God says to Moses, "I have indeed heard the cry of my people, and I see how the Egyptians are oppressing them. Now, I am send you to the King of Egypt, so that you can lead my people out of his country".

Moses day to God, " I am nobody. How can I go to the kind and bring the Israelites out of Egypt".

Again and Again, in the Bible, God asks someone to do His work on earth. And, again and again, there is doubt, hesitation, and even rejection to God's request.

Again and again, in today's world, God asks us to do His work on earth, And, again and again, there is doubt, hesitation and even rejection to God's request.

For some unexplainable reason, we do not like to put ourselves into the line of Christian history. The Bible ended with the Book of Revelation. That was then and this is now!- Or is it??

As summer continues and fall will be upon us before you know it, consider the request of God: Help a friend in need, help an enemy in need, sing in the Choir, teach Sunday School, attend worship, join a church club or organization, join the Congregational Assembly, run for a church office, attend a Bible Study. The opportunities are here for your talents.

A person must realize that God has need of them. And, when we do have fear, doubt or hesitation to serve God, we only have to look back to the Book of Exodus.

God said to Moses, "**I will be with you**"

Art Matia,  
President

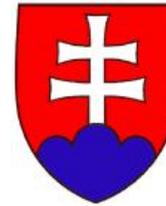


**August Birthday**

- |                       |                       |
|-----------------------|-----------------------|
| 2 – Sara Ladenberger  | 21 – Deborah Carter   |
| 3 – Stacey Wellman    | Kent Franke           |
| 4 – Linda Meurer      | 22 – Zachary Aquado   |
| 7 – Luther Willis     | 23 – Vlasta Pritchett |
| 9 – Jill Arbet        | 24 – Thomas Kramer    |
| 11 – Amy Kube         | 25 – Gary Bagy        |
| 14 – Carl Maulhardt   | 26 – Mark Zipay       |
| Justine Perry         | Ava Grossius          |
| 18 – Paula Chiodini   | Adrienne Grossius     |
| 19 – Jared Intagliata | 27 – Phillip Lee      |
| 20 – Doris Banks      | Dorothy Slavik        |
|                       | 28 – Katie Kube       |

**August Anniversaries**

- |                                 |        |
|---------------------------------|--------|
| 4 – Mark & Rita Zipay           | 26 yrs |
| 17 – Phillip & Lily Lee         | 5 yrs  |
| 20 – Richard & Patricia Leitner | 11 yrs |
| 22 – Jerry & Marilyn Hrabovsky  | 34 yrs |
| 25 – Joseph & Nancy Pyatek      | 43 yrs |
| 29 – Donald & Debbie Bretz      | 24 yrs |
| Michael & Janice Taylor         | 36 yrs |



**MARK THE DATE FOR SLOVAK FEST 2016:** Slovak Fest is scheduled for November 5. Please plan to be available to help on this day for a 2 hour shift. Thank you. Slovak Fest Committee

**Thank You:** Thank you to those who have been purchasing handmade greeting cards. \$130.00 of proceeds from the cards for the past months was used to purchase a new desktop copier/fax machine. The profits for the next few months will be going towards Building Repair and Maintenance. The cost of the cards are \$3.00 each. Gift card holders are \$ 2.00 each. If you would like a special card made with a person’s name, age, favorite color or your own inside sentiment, please call or email Kathy at least two weeks in advance. [officeofstlucas@yahoo.com](mailto:officeofstlucas@yahoo.com) – 314-351-2628.



**“Sign Up to Sing”:** Singers in 5th through 8th grades are encouraged to sign up for the Lutheran High School South "Junior Singers" choir of select voices. Students from around the area gather at LHSS each Tuesday evening to rehearse and grow their vocal gifts together in this ensemble. The Junior Singers perform at LHSS Choir events and tour locally in January. Sign up to sing for Mr. Greg Gastler, LHSS Choir Director, by contacting him at 314-833-1063 or [ggastler@lhssstl.org](mailto:ggastler@lhssstl.org). Preferred audition dates are Monday and Tuesday afternoons, August 29 & 30, at LHSS. The first Junior Singer rehearsal is Tuesday, September 6, at 7 pm, with “last minute” auditions beginning that evening at 6:30. “Next to the Word of God, music deserves the highest praise.” (Martin Luther)

**St. Lucas Helping Hands Fundraiser:** Helping Hands will be selling:

Used-refurbished chess sets \$16.00, Dominos \$16.00

A-B-C- rated fire extinguishers for \$25.00

Puzzle/Stickers Book \$4.00

First Aid Kits - \$10.00

Checkers/ 3 inch diameter Tic-Tac-Toe board (quilted) 26 in. X 26 in. \$15.00

New Chess Sets: \$16.00 - \$25.00

Crafted Dragon Walking/Hiking Cane \$15.00

Scouring pads: \$2.00 each or 3 for \$5.00 (If Interested call Bill

Kolnik (314) 832-6429.)

**Sunday Morning Bible Class:** God's Word is always a great blessing to us. Join us as we study it together to hear what God speaks into our lives today. For the rest of the summer we will finish the survey of the New Testament that was begun earlier. We began with Titus and will end with Jude on September 4. Major themes, highlights and implications for our daily lives will be explored. Join us at 9:15 in the Multi - Purpose Room.



JOIN OUR  
**STUDY**

**Fall Bible Class - Revelation** - We will explore this book of the Bible in depth. It is a book that is mysterious, misunderstood and sometimes even feared. Plan to attend this study and discover how this book is consistent with the rest of Scripture, but expresses its message in a most powerful way.

## Reading Through the Word AUGUST

1 ...	Isaiah <u>65</u> & <u>66</u> ; Psalm <u>62</u> ; John <u>3</u>
2 ...	2 Kings <u>21</u> ; 2 Chronicles <u>33</u> ; John <u>4</u>
3 ...	Nahum <u>1</u> & <u>2</u> & <u>3</u> ; John <u>5</u>
4 ...	2 Kings <u>22</u> ; 2 Chronicles <u>34</u> ; John <u>6</u>
5 ...	2 Kings <u>23</u> ; 2 Chronicles <u>35</u> ; John <u>7</u>
6 ...	Habakkuk <u>1</u> & <u>2</u> & <u>3</u> ; John <u>8</u>
7 ...	Zephaniah <u>1</u> & <u>2</u> & <u>3</u> ; John <u>9</u>
8 ...	Jeremiah <u>1</u> & <u>2</u> ; John <u>10</u>
9 ...	Jeremiah <u>3</u> & <u>4</u> ; John <u>11</u>
10 ...	Jeremiah <u>5</u> & <u>6</u> ; John <u>12</u>
11 ...	Jeremiah <u>7</u> & <u>8</u> & <u>9</u> ; John <u>13</u>
12 ...	Jeremiah <u>10</u> & <u>11</u> & <u>12</u> ; John <u>14</u>
13 ...	Jeremiah <u>13</u> & <u>14</u> & <u>15</u> ; John <u>15</u>
14 ...	Jeremiah <u>16</u> & <u>17</u> ; Psalm <u>96</u> ; John <u>16</u>
15 ...	Jeremiah <u>18</u> & <u>19</u> & <u>20</u> ; Psalm <u>93</u> ; John <u>17</u>
16 ...	2Kings <u>24</u> ; Jeremiah <u>22</u> ; Psalm <u>112</u> ; John <u>18</u>
17 ...	Jeremiah <u>23</u> & <u>24</u> & <u>25</u> ; John <u>19</u>
18 ...	Jeremiah <u>26</u> & <u>35</u> & <u>36</u> ; John <u>20</u>
19 ...	Jeremiah <u>45</u> & <u>46</u> & <u>47</u> ; Psalm <u>105</u> ; John <u>21</u>
20 ...	Jeremiah <u>48</u> & <u>49</u> ; Psalm <u>67</u> ; 1 John <u>1</u>
21 ...	Jeremiah <u>21</u> & <u>24</u> & <u>27</u> ; Psalm <u>118</u> ; 1 John <u>2</u>
22 ...	Jeremiah <u>28</u> & <u>29</u> & <u>30</u> ; 1 John <u>3</u>
23 ...	Jeremiah <u>31</u> & <u>32</u> ; 1 John <u>4</u>
24 ...	Jeremiah <u>33</u> & <u>34</u> ; Psalm <u>74</u> ; 1 John <u>5</u>
25 ...	Jeremiah <u>37</u> & <u>38</u> & <u>39</u> ; Psalm <u>79</u> ; 2 John
26 ...	Jeremiah <u>50</u> & <u>51</u> ; 3 John
27 ...	Jeremiah <u>52</u> ; Revelation <u>1</u> ; Psalms <u>143</u> & <u>144</u>
28 ...	Ezekiel <u>1</u> & <u>2</u> & <u>3</u> ; Revelation <u>2</u>
29 ...	Ezekiel <u>4</u> & <u>5</u> & <u>6</u> & <u>7</u> ; Revelation <u>3</u>
30 ...	Ezekiel <u>8</u> & <u>9</u> & <u>10</u> & <u>11</u> ; Revelation <u>4</u>
31 ...	Ezekiel <u>12</u> & <u>13</u> & <u>14</u> ; Revelation <u>5</u>

**Lutheran World Relief School Kits:** Why school supplies? To the children who receive School Kits, these supplies mean the difference between getting an education or not. Public school is usually free, but in the places where LWR works, even a few required supplies, like pens and paper, may be more than many families can afford. And when parents can only afford to send one of their children to school, girls rarely get priority...yet the education level of mothers has the biggest impact on development.

Lutheran World relief school kits

Every month in the newsletter and bulletin we will feature an item on the list that we are collecting that month.

There is a box in the narthex to place donated items in.



**August item is: Safety Scissors (round tips not pointed)**

We will be needing donations to purchase the backpacks required to place the items in. they all have to be alike. We can get them through oriental trading for \$2.25 each.

Please place your donations in an envelope marked PARISH Nurses and make your check out to: ST. LUCAS PARISH NURSE



3. Do not strain during bowel movements. Use a stool softener, for example, [docusate](#) (Colace).
4. Do not strain or bend down to lift anything heavy.
5. Try to keep your head higher than the level of your heart.
6. Do not smoke.
7. Eat a [diet](#) of soft, cool foods and [beverages](#). No hot liquids for at least 24 hours.
8. Do not take any medications that will thin the blood for example, aspirin, [ibuprofen](#), [clopidogrel bisulfate](#) (Plavix) or warfarin (Coumadin). Do not stop taking any medications without first contacting your doctor.
9. Your doctor may recommend some form of lubricating ointment for the inside of the nose.
10. If re-bleeding occurs, try to clear the nose of clots by sniffing in forcefully. A temporary remedy such as a [nasal decongestant](#) spray, for example, Afrin or Neo-Synephrine may be helpful. These types of sprays constrict blood vessels. (NOTE: If used for many days at a time, these can cause addiction so they are recommended for short-term use only. Do not use if the patient has high blood pressure.)
11. Repeat the steps above on how to stop the common nosebleed. If bleeding persists, call the doctor and/or go to the nearest emergency department.

Article from [medicinenet.com](#)

<http://www.medicinenet.com/script/main/art.asp?articlekey=81326>





### How do you stop the common nosebleed?

Most people who develop nose bleeding can handle the problem without the need of a treatment by a health-care professional if they follow the step-by-step [first aid](#) recommendations below on how to stop a nosebleed:

1. Pinch all the soft parts of the nose together between the thumb and index finger.
2. Press firmly toward the face - compressing the pinched parts of the nose against the bones of the face.
3. Lean forward slightly with the head tilted forward. Leaning back or tilting the head back allows the blood to run back into the sinuses and throat and can cause gagging or inhaling the blood.
4. Hold the nose for at least five minutes. Repeat as necessary until the nose has stopped bleeding.
5. Sit quietly, keeping the head higher than the level of the heart. Do not lay flat or put your head between your legs.
6. Apply ice (wrapped in a towel) to nose and cheeks.

### How do you prevent the nose from bleeding again?

1. Go home and rest with head elevated at 30 to 45 degrees.
2. Do not blow your nose or put anything into it. If you have to sneeze, open your mouth so that the air will escape out the mouth and not through the nose.



**The "Wurst is Yet To Come"** : The Men's Club annual " Brat & Kraut" Dinner will be held Sunday, September 25, 2016 from 11:00 a.m. until 2:00 p.m. As in past years, this family-style feast is prepared and served to your table by the members of the Club. The menu includes the finest Bratwurst in St. Louis, as well as sauerkraut, green beans, new red potatoes, applesauce, coffee, and dessert. Tickets are

\$9.00 for adults and \$4.00 for children 5-12 years old, children under 5 years old are free. A child's plate, which consists of a hot dog, potato and applesauce, will be available if your child doesn't care for the menu items. Carry outs will also be available. Proceeds from the dinners, in the past have supported church youth programs, sport programs, and the Scholarship Fund. Also, many necessary items for St. Lucas have been purchased with the money. Please mark this date on your calendars. We look forward to serving you.

**Amazon Smile:** St. Lucas is now registered on Amazon Smile. AmazonSmile is a website operated by Amazon that lets you enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when you shop on AmazonSmile ([smile.amazon.com](http://smile.amazon.com)), the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice. When you go to purchase items on AmazonSmile enter St. Lucas Evangelical Lutheran Church.



**St. Lucas Summer Camp:** St. Lucas MDO Summer Camp had a very fun and successful summer. This summer we had an all-time high of 44 campers enrolled. We had many fun themes including cooking, Hawaiian, science and gardening. The campers made craft and did activities inspired by these themes. They had fun playing outside on our waterslide and

swimming in the pools. We look forward to another school year starting August 5<sup>th</sup>. MDO (Mom's Day Out) will be open Monday – Friday from 9:00 a.m. to 3:00 p.m. and extended care hours will be available as early at 7:00 a.m. and as late as 6:00 p.m. For more information, call 832-2307.

Please spread the word and keep us in your Prayers.



**WORD OF LIFE**

Word of Life Lutheran School News: There are still openings in preschool at St. Lucas for 3 - 5 year olds. For more information visit [www.wordoflifeschool.net](http://www.wordoflifeschool.net) or call 314-832-1244 ext 12.

Attention Word of Life families: Look for summer packets in the mail in the next few days. If you don't receive yours by August 1, please contact the school office.

School starts August 17! Thank you for your continued prayers and support.

**CHANGE OF ADDRESS**



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**Quarter Auction**

October 22<sup>nd</sup> . More information will be in next Newsletter and future bulletins.